SELBY HOUSE CAFÉ MENU

\$2.50

\$8.25

\$8.25

Baked Goods

Wraps & Sandwiches

| $\mathbf{R}\mathbf{R}\mathbf{R}$ | SH. | PAS | TRY |
|----------------------------------|-----|------------------------------------|------|
| LIXE | | $\mathbf{I} \cap \mathcal{A} \cup$ | 11/1 |

| cookies, brownies & assorted bars — selection changes daily |
|--|
| made with love at Strudel's Bakery and Old Heidelberg Pastry Shop. |

CHILDREN'S RAINFOREST COOKIE

oats, whole wheat flour, wheat germ, oat bran, dried plums, raisins, almonds, butter, sugar and eggs.

Salads & Sides

| ALBACO | RE TUNA | SALA | D or | n Gree | ens | | | |
|--------|---------|------|------|--------|-----|-----|--|--|
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carrots, cucumber, grape tomato and hard boiled egg served on mixed greens. dressing options available.

PECAN CHICKEN SALAD with CousCous

roasted chicken breast, pecans, grapes and mayo served atop baby greens with couscous.

| Seasonal Fruit Salad | \$5.00 | | | |
|--------------------------------|--------|--|--|--|
| Yogurt, Berries & Granola | \$5.00 | | | |
| Couscous Salad or Quinoa Salad | \$5.00 | | | |
| Veggies & Hummus | \$5.00 | | | |

RASPBERRY WALNUT CHICKEN WRAP

\$8.50

roasted chicken breast with raspberry bleu cheese dressing, organic greens, red onion & walnuts on a wrap.

CRAN – TURKEY SANDWICH

\$7.75

turkey and organic greens with orange honey mayo on locally baked cranberry-walnut bread.

ROAST BEEF PESTO SANDWICH

\$7.75

roast beef with pesto-mayo, organic greens, red onion and grape tomatoes on locally baked bread.

CAPRESE SANDWICH (VEGETARIAN)

\$8.00

fresh mozzarella, beefsteak tomatoes and pesto on locally baked rosemary focaccia roll.

VEGGIE WRAP with Quinoa [keen-wah]

\$8.00

mansion-made hummus and assorted vegetables including marinated artichoke, olive, cucumber, sundried tomato, red onion, fresh herbs and feta cheese on a wrap.

PEANUT BUTTER & JELLY ROLL UP

\$6.00

with apple sauce and a freeze pop.

Soup

Delicious and warming Selection changes daily

\$6.00

BEVERAGES

loose leaf iced teas espresso, coffee & tea sodas, juices, beer & wine ice cream



Local